Mechanisms by which Adverse Childhood Experiences Influence Health and Well-being Throughout the Lifespan

- Deaths
- Intergenerational Transmission

1. Early Death
2. Disease, Disability, and Social Problems
3. Adoption of Health-risk Behaviors
4. Social, Emotional and Cognitive Impairment
5. Disrupted Neurodevelopment
6. Adverse Childhood Experiences

Conception

Epigenetic Mechanisms

Slide Courtesy of Rob Anda, MD, MS