



Film & Workshop Series:
**Being Trauma-Informed In Your School,
Classroom, Home and Community**

RESILIENCE, a *documentary from KPJR Films* that explores the science of toxic stress and its relationship to Adverse Childhood Experiences or (ACEs). This one-hour film explains the movement among pediatricians, social welfare professionals, educators and communities to use the research to break cycles of violence, addiction and disease that began in childhood. We all have a role to play in promoting the great childhoods that children deserve. Science shows the effects of ACEs are not permanent. We can work together and make a difference in the lives of trauma-impacted children through prevention, intervention and promoting resilience in our schools, families and communities.

2019-20 Film Screenings: Sept. 12, Oct. 10, Nov. 14, Jan. 9, Feb. 13, Mar. 12, Apr. 9
The films & workshops are free & open to public - All start at 7 pm, end at 8:30 pm
Location: Crossroads II Building, 110 Corning Rd, Cary - Room 1400
Visit us on Facebook for details: <https://www.facebook.com/publicschoolsfirstnc/>

SEEN THE FILM? The workshops below are designed for those ready to take the next step by implementing trauma-informed strategies in their school, classroom, home, or community.

Strategies for Creating Trauma-Informed Schools Sept. 12, 2019 & Feb. 13, 2020

Designed for administrators/school level leadership, this presentation is grounded in research on how to foster resilient learners by cultivating a trauma-informed learning environment in your school. Discussion will focus on helping your staff build relationships that allow their students to grow, thrive, and be successful academically. #BeTraumaInformed

Strategies for Creating Trauma-Informed Classrooms Oct. 10, 2019 & Mar 12, 2020

Designed for classroom teachers/educators, this presentation is grounded in research on how to foster resilient learners by cultivating a trauma-sensitive learning environment in your classroom. Thoughtful, empathetic educators can be the catalyst for healing for our most vulnerable children. Discussion will focus on classroom strategies useful in building relationships with students to help them grow, thrive, and—most assuredly—be successful academically. #BeTheOne #OneCaringAdult

Strategies for Being a Trauma-Informed PTA January 9, 2020

Designed for PTA leaders and volunteers and grounded in research on how to ensure that programs and policies implemented by PTAs support a trauma-informed learning environment for all students. Thoughtful, empathetic volunteers are a vital link between home and school and should be using trauma-informed/sensitive guidelines in their policies, programs, and when communicating with parents or guardians. #BeTraumaSensitive

Building Resilience in Your Children: Tips for Parents Nov 14, 2019 /April 9, 2020

Designed for parents/guardians, this presentation is grounded in research on strategies that help build Resilience in children. When kids have the skills and the confidence to confront and work through their problems, they can learn that they have what it takes to confront difficult issues. #ResiliencyCanBeTaught