Families who can meet their own basic needs for food, clothing, housing, and transportation—and who know how to access essential services such as childcare, health care, and mental health services to address family-specific needs—are better able to ensure the safety and well-being of their children.

For more information

Please call 919-829-8009 or email info@preventchildabusenc.org
PreventChildAbuseNC.org

Social and Emotional Competence
Children’s early experiences of being nurtured and developing a positive relationship with caring adult affects all aspects of behavior and development.

Knowledge of Parenting & Child Development
Children thrive when parents provide not only affection, but also respectful communication and listening, consistent rules and expectations, and safe opportunities that promote independence.

Concrete Support
Families who can meet their own basic needs for food, clothing, housing, and transportation—and who know how to access essential services such as childcare, health care, and mental health services to address family-specific needs—are better able to ensure the safety and well-being of their children.

Resilience
Parents who can cope with the stresses of everyday life, as well as occasional crisis, have resilience; they have the flexibility and inner strength necessary to bounce back when things are not going well.

Social Connections
Parents with a social network of emotionally supportive friends, family, and neighbors often find that it is easier to care for their children and themselves.

5 Protective Factors

ACEs can have devastating impacts on long term health
When a child experiences adverse childhood experiences (ACEs), it can have life-long consequences for physical and mental health. But, one caring adult can make a difference. That’s why we know building protective factors in parents, communities and businesses is important.

Prevent Child Abuse
North Carolina™
Prevent Child Abuse NC is the leading state-wide organization focusing on the prevention of child abuse and neglect. We are moving the conversation upstream to focus on ensuring all North Carolina children are safe and loved.

Join us in building resiliency throughout North Carolina. We need everyone at the table to create resilient families and a stronger future for North Carolina. From the Department of Public Health and local universities to law enforcement and faith-based communities to business leaders and of course, you, we all play a role in building safe, stable, nurturing homes and communities where children can thrive.

“We tend to divide the world of mental health separate from the world of physical health, but the body doesn’t do that.”
- Dr. Nadine Burke Harris, Center for Youth Wellness

“If [people] already know that these [ACES] are common, they are more likely to be relieved, I think, than frightened...they don’t feel alone anymore. That ‘I’m not the only one that experienced these kinds of things.’”
- Dr. Robert Anda, Centers for Disease Control & Prevention

“Faith and hope are fundamental aspects of resilience, for as you think you are, so you are!”
- Rev. Dr. Darrell Armstrong, Pastor, Shiloh Baptist Church

RESOURCES

Prevent Child Abuse North Carolina: PreventChildAbuseNC.org

The ACES Connection acesconnection.org

Essentials for Childhood cdc.gov/violenceprevention/childmaltreatment/essentials

Veto Violence vetoviolence.cdc.gov

The ACE Study cdc.gov/violenceprevention/acestudy

Strengthening Families cssp.org/reform/strengtheningfamilies

The Protective Factors Framework cssp.org/reform/strengtheningfamilies/about/protective-factor-framework

SCAN NOW to take the survey today!

3000 Aerial Center Parkway | Suite 180 | Morrisville, NC 27560
919-829-8009 PreventChildAbuseNC.org

NC Department of Health and Human Services

Prevent Child Abuse North Carolina